Tropical Cruising Handbook

Mark Smaalder and Kim des Rochers

A complete guide to low-latitude voyaging, including:
- Navigating and anchoring in coral waters
- Tropical weather systems
- Passagemaking
- Tropical illnesses and health hazards
- Maintaining the boat and gear
- Route planning in the Atlantic, Pacific, and Indian Oceans
Synopsis

The only guide devoted exclusively to low-latitude cruising, Tropical Cruising Handbook arms cruising sailors with the knowledge and skills they need to master the challenges of sailing the tropics. From navigating uncharted reefs to navigating Pacific cultures, from the effects of the tropical environment on boats and gear to the prevention and treatment of tropical illnesses and health hazards, the Handbook covers all the bases.

Book Information

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Customer Reviews

There are lots of books that do their best to guide you toward successful sailing but they never tell the whole picture. They all leave something out so you have to buy several books to get all that you need. This is the best and most complete single book on what it takes to do practical sailing, specializing in the tropics. Everything to think about... food and it’s preservation, repairs to the boat, weather(cyclones) and forecasting, tropical diseases and how to stay healthy, and my favorite-pirates..how to stay away from them and be safe...of course much more. It’s highly readable,too. If there was a fault I guess would have to say I wish there was more story telling of the author’s experiences in his 25 year cruising time.But this book can’t be beat for practical teaching and price. So I guess I read stories another time.

This book is exactly what I was looking for. A thorough soup-to-nuts guide to tropical cruising that covers all the bases. It covers a very wide range of topics, in sufficient detail to provide you with an awareness of all the things you need to know and think about. Surprisingly, a book like this was
hard to find. Many similar books tend to skip important topics, or presume the reader already has a lot of knowledge on each topic.

I enjoyed it and learned a few new tricks that I haven’t seen in ASA texts. Very practical. Good sections on anchoring and passagemaking that I hadn’t been taught in classes or read in texts. Increased my confidence to bareboat charter in the US & BVI, several times now.

I have been a "wannabe" tropical cruiser for several years. I have read several ‘cruising guides’ and many magazine articles, but when I do go this is the one that will be on board. It is all there, well presented and in language we all understand. A gold-mine of solid, practical information, excellent value.

I had high hopes for this book. Good title, decent reviews. I have some basic sailing experience, so I expected to learn quite a lot, but to my surprise although the book has over 200 pagers, it is very basic and common sense information.

Too much time spent discussing the environmental damage to corals, and then the state of coral for each destination. If your goal is to dive at every stop, this is the book for you, if not, you can skip many parts of it. The other sections are excellent.

I am not a person who is easily impressed, but having recently received and read "Tropical Cruising Handbook" by Mark Smaalders and Kim des Rochers I felt the need to write and congratulate the authors on producing a truly excellent book. The book is a superb and comprehensive guide to all that you need to know to make your tropical cruise a rewarding and safe experience. In particular, I was very impressed with the authors’ sensitivity to the cultures and people of the tropics. This book has reinforced my desire to sail the tropics. I can’t wait to cast off and set sail.

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