The book was found

Cooking The Italian Way (Easy Menu Ethnic Cookbooks)
Introduces the land, people, and regional cooking of Italy and includes recipes for such dishes as Minestrone soup, spaghetti with meat sauce, and chicken cacciatore. --This text refers to an out of print or unavailable edition of this title.

Series: Easy Menu Ethnic Cookbooks
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Customer Reviews
I was so excited since the Bisignano's are a fixture in Des Moines Italian food. This book has more information about Italy then recipes. The ones that are included are good, but for the price there are not many dishes to cook. I would not purchase the book again.

This book is classified as a juvenile cookbook. As such, it does a great job of introducing young people to cooking skills in general and Italian cooking in particular. The book also is part travelogue and part history lesson. There's a lot of information. The best feature of the book are the recipes. They are slightly different from the usual Italian cookbook offerings and they are very good. The spaghetti al sugo, which can be baked in the oven, is a real winner. It's tasty and so convenient for a busy day. I've also made the minestrone and the biscuit tortoni and they were both "keepers".

This is a good introduction to Italian cooking, while it is geared to children it is also excellent for adults who are just starting to cook. This version is the newer one & I prefer the older one (very similar but I just prefer the recipe selection) I used this series of cookbooks for years with my Girl...
Scout troop with great success. Contents include: INTRODUCTION the land & the people * holidays & festivals * regional cooking * an Italian market

BEFORE YOU BEGIN THE CAREFUL COOK *

cooking terms * cooking utensils * special ingredients * healthy & low-fat cooking tips * metric conversion chart

DINNER chicken hunters style * appetizers * Italian salad dressing * minestrone * Chinese pasta * straw & hay * risotto * spaghetti with meat sauce * Italian style pork chops * bisignamo spinach * Italian style cauliflower

SUPPER pizza * biscuit tortone

HOLIDAY & FESTIVAL FOOD bruschetta * linguini with pesto * hot cross buns * rice & peurisotto * stuffed pasta in broth * dead bone cookies

If you want to really know if this book is for you, go to your local library. If they don't have a copy there is always the option of the Inter-Library Loan procedure (books usually take about 3 weeks to arrive). I almost always preview books from the library before purchasing ... it has saved a lot of disappointment.

fine

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